



FOREST HILL HAPPENINGS

No. 35 President: Bill Marsh

29 May 2024

BILL'S BY-LINE



Bill is not delivering a by-line this week.

He is saving up for an extra-special last issue in a few weeks.

NEXT MEETING

3 June **Informal meeting**

COMING UP

8 June **Blackburn Craft Market**

9 June **Whitehorse Community Market**

24 June **Final meeting**

*May is
Youth Service
Month*

CELEBRATIONS



Glenys Grant has her birthday on 20 June. Congratulations to both her and Robbie on that date.



Meeting Report

- **May 27, 2024**

Another small, relaxed, informative meeting with 11 in attendance.

Visitors – Judy Marsh, Glen Coates, and our guest speaker- Rob Moschetti.

It was great to see John McPhee back with us.

A delicious meal, with veal that we have not had for years.

Reports:

President Bill

- * The Box Hill Institute awards are in place and the money has been sent.
- The 5 awards for Box Hill High School are also organized and the money has been forwarded to the school.
- Both organizations will invite us to their award presentations.
- There has been little progress with Forest Hill College. They still have not supplied us with details.
- The trailer has been re-registered for Mitcham Rotary.

Secretary Stuart- Attended Rotary Nunawading's Trivia Night on Saturday night. They raised \$5,500 for international projects and Foundation.

- Stuart has completed the article on our Club. It will need to be cut down to be used by Eastsider News

Bob L- The Global Grant is proceeding under the name of Forest Hill.

Ron B - There will be a club meeting next Monday.

Since the coin and note collection started, Ron has collected 780 kg for UNICEF. Ron sent off 66 kg today.

Glenys G - Four schools will be part of our Youth Citizenship Awards.

- We will have a MUNA participant.

The raffles were won by – Judy Marsh, Sue Ballard, Ron Brooks.

Speaker

Ron introduced our guest speaker, Rob Moschetti, from The Compassionate Friends Victoria. They support parents, siblings and grandparents who have lost a family member. Rob and his family lost a son in 2016. His big, healthy son went to sleep and died in his sleep.



The organisation has been in Australia for 40 years. There are over 30 groups in Australia. They offer peer support programs. They have a 24/7 helpline.

Rob stressed that grief is a natural response to a significant loss.

He believed you “learn to live around your grief.” You learn to cope with grief.

There are many, many aspects of our life impacted by grief.

It impacts our emotional state with the following reactions- anger, loneliness, despair, shock, guilt and relief.

Rob believes- “grief stays but you learn to grow around it.”

He stressed that it was important that – We check-in with people.

Bob Laslett thanked Rob.

An emotional and informative meeting closed at 8.35pm.



Stuart

RCFH BLACKBURN STATION CRAFT MARKET – TRADER OF THE MONTH

Every month for the last 10 years or so we have heard the sometimes lively and sometimes plaintive sounds of jazz drifting down over the stalls at the Blackburn Craft Market. The **Skidaddle** group give their time freely to entertain us while clearly having fun (or is it that they would play anywhere for a free sausage at the end of the morning?). If you haven't met them, they are Richard Desmond (cornet), Dave O'Sullivan (drums), Jim Badger (banjo), Ezra Kawadlo (trombone), Simon Gilbert (guitar), Tony Lee (clarinet), and Rod Evans (double bass). Richard and others also sing. So next time you are at the craft market, go up, say hello, smile, tap your feet, sing along - they'll love you for it. Rod is their low-profile leader and told me they are available for parties, and for gigs particularly their 16-piece big band that plays swing music mostly from the 30's and 40's. You may have seen and heard some of the other bands they play in, which include the Dandenong Ranges Hot Jazz Orchestra, South Dereel City Stompers, U3A Big Band, and the Diamond Valley Big Band, too many to list. Many in the band will be playing at the Port Fairy Jazz Festival in February 2024. As I was listening to them play, I heard one say let's change the key to ..., I didn't realise it but all these guys read music as well..... and there was me thinking they just play it all by ear.

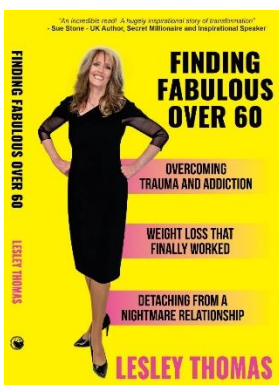
So if you want to hire them please contact: rode.evans@macrodynamics.com.au





THE SKIDADDLE GROUP

SOME OF OUR BLACKBURN MARKET STALLHOLDERS





Come and frequent the Market next month–June 8

Disclaimer: Articles and reports do not necessarily reflect Rotary Club of Forest Hill opinions.